

## 2023 CBC CADET FOOTBALL IMPORTANT DATES

Jan 19	3-5:00 PM Riddell Fitting for players wanting to buy their own helmet/shoulder pads
March 26	6:00 PM Parent Meeting in Gundaker Theater
March 30	1 <sup>st</sup> Day of Spring Practice Every Thur/Sun 3:15-4:45 PM until May 11 <sup>th</sup> (except 4/9)
April 26	Black Shirts and Class of 2024 football equipment pickup
May (TBD)	Football Moms meet-and-greet @ Novelty House
May 18	Class of 2025 and 2026 football equipment pickup
May 24	Camp Flyer and Money is due to Coach Pingel; Camp waiver form due
May 30-June 8	Lifting and conditioning begins; 7AM-9:30AM in CBC weight room
June 12-15	Summer Practice Session Week One Varsity 7AM-9:30AM @ Stadium Freshmen 9:15 AM-11:15AM @ Stadium
June 19-23	Summer Practice Session Week Two Varsity 7AM-9:30AM @ Stadium Freshmen 9:15 AM-11:15AM @ Stadium
June 22-23	Eureka Camp (Varsity and JV only); time and location TBD
June 23	Freshmen Scrimmage @ Eureka TBD
June 26-July 13	Lifting and conditioning; Monday through Thursday, 7:00AM-9:30AM @ CBC
July 1	Paperwork Due (forms on website: <a href="http://www.cbccadets.org">www.cbccadets.org</a> ) Student Athlete Emergency Form; Player/Parent Expectation Form; MSHSAA physical form, including concussion section to <a href="mailto:merrisd@cbchs.org">merrisd@cbchs.org</a>
July 17-20	Preseason Practice Session Week One Varsity 7AM-9:30AM @ Stadium, Freshmen 9:15-11:15 AM @ Stadium
July 24-27	Preseason Practice Session Week Two – Varsity/JV Glencoe (sleep away), Freshmen 9:15-11:15 AM @ Stadium
July 29-Aug 6	MSHSSA Dead Week – No practices (great time for family vacations)
August 7	Regular season practice begins for ALL PLAYERS, time TBD
August 12	All items DUE: Media Guide ads, shout outs, Senior baby pics and Senior canvas photo money
August 12	All teams intra-squad scrimmage; team photos; moms' practice. 8AM-12PM @ CBC Stadium
August 18	Jamboree @ Francis Howell High School 6 PM
August 19	Casino Night fundraiser @ CBC, 6 PM
August 25	Varsity season opener v. TBA
October 6	Senior Night (CBC v. Vianney) @ CBC High School, 6 PM
TBD	End of season banquet @ CBC High School, time and date TBD

*All things are subject to change if needed*