

2023 CBC CADET FOOTBALL IMPORTANT DATES

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| Jan 19 | 3-5:00 PM Riddell Fitting for players wanting to buy their own helmet/shoulder pads |
| March 26 | 6:00 PM Parent Meeting in Gundaker Theater |
| March 27 | SCHUTT Buying helmet Fitting at 10:50 AM |
| March 29 | RIDDELL Buying Helmets Fitting at 5 PM |
| March 30 | 1 st Day of Spring Practice Every Thur/Sun 3:15-4:45 PM until May 11 th (except 4/9) |
| April 26 | Black Shirts and Class of 2024 football equipment pickup |
| May (TBD) | Football Moms meet-and-greet @ Novelty House |
| May 18 | Class of 2025 and 2026 football equipment pickup |
| May 24 | Camp Flyer and Money is due to Coach Pingel; Camp waiver form due |
| May 30-June 8 | Lifting and conditioning begins; 7AM-9:30AM in CBC weight room |
| June 12-15 | Summer Practice Session Week One Varsity 7AM-9:30AM @ Stadium Freshmen 9:15 AM-11:15AM @ Stadium |
| June 19-23 | Summer Practice Session Week Two Varsity 7AM-9:30AM @ Stadium Freshmen 9:15 AM-11:15AM @ Stadium |
| June 22-23 | Eureka Camp (Varsity and JV only); time and location TBD |
| June 23 | Freshmen Scrimmage @ Eureka TBD |
| June 26-July 13 | Lifting and conditioning; Monday through Thursday, 7:00AM-9:30AM @ CBC |
| July 1 | Paperwork Due (forms on website: www.cbccadets.org) Student Athlete Emergency Form; Player/Parent Expectation Form; MSHSAA physical form, including concussion section to merrisd@cbchs.org |
| July 17-20 | Preseason Practice Session Week One Varsity 7AM-9:30AM @ Stadium, Freshmen 9:15-11:15 AM @ Stadium |
| July 24-27 | Preseason Practice Session Week Two – Varsity/JV Glencoe (sleep away), Freshmen 9:15-11:15 AM @ Stadium |
| July 29-Aug 6 | MSHSSA Dead Week – No practices (great time for family vacations) |
| August 7 | Regular season practice begins for ALL PLAYERS, time TBD |
| August 12 | All items DUE: Media Guide ads, shout outs, Senior baby pics and Senior canvas photo money |
| August 12 | All teams intra-squad scrimmage; team photos; moms' practice. 8AM-12PM @ CBC Stadium |
| August 18 | Jamboree @ Francis Howell High School 6 PM |
| August 19 | Casino Night fundraiser @ CBC, 6 PM |
| August 25 | Varsity season opener v. TBA |
| October 6 | Senior Night (CBC v. Vianney) @ CBC High School, 6 PM |
| TBD | End of season banquet @ CBC High School, time and date TBD |

All things are subject to change if needed

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